

Ministry of Health Republic of Indonesia
Health Polytechnic of Jambi
Department of Environmental Health
Associate degree program in sanitation

Final Project Report, August 2025
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“Overview of Students’ Knowledge, Attitudes Toward Clean and Healthy Living Behavior and Sanitation Facilities at Elementary Schools in the Working Area of Paal V Public Health Center, Jambi City, 2025”
xviii + 53 Pages + 4 Tables + 11 Appendices

ABSTRACT

The implementation of Clean and Healthy Living Behavior (CHLB) in elementary schools within the working area of Paal V Public Health Center, Jambi City, still faces challenges. Monitoring results indicate that several schools have not met CHLB criteria, with initial findings showing that some students have low knowledge and suboptimal attitudes toward CHLB practices, along with limited sanitation facilities. These conditions highlight issues in knowledge, attitudes, and supporting facilities that may affect the implementation of CHLB among students. This study aimed to describe students’ knowledge and attitudes regarding CHLB as well as the condition of sanitation facilities in elementary schools in the Paal V area of Jambi City.

This research employed a descriptive quantitative design with a sample of 80 fourth- and fifth-grade students from Public Elementary School 144/IV and Elementary School Qur’an An-Najihah, selected using a total sampling technique. Data were analyzed using univariate methods.

The results showed that 49 students (61.3%) had low knowledge, while 31 students (38.8%) had high knowledge. Regarding attitudes, 46 students (57.5%) exhibited negative attitudes, while 34 students (42.5%) showed positive attitudes toward CHLB. Evaluation of sanitation facilities revealed that Elementary School Qur’an An-Najihah met the requirements with a score of 18 out of 20 (90%), whereas Public Elementary School 144/IV did not meet the requirements, scoring 10 out of 20 (50%).

In conclusion, challenges remain in students’ knowledge, attitudes, and sanitation facilities in elementary schools within the working area of Paal V Public Health Center. Improvements in these three aspects are necessary to ensure the optimal and sustainable implementation of CHLB in schools. It is recommended that schools provide adequate sanitation facilities, such as sinks, soap, segregated trash bins, and clean, proper toilets.

Keywords : Clean and Healthy Living Behavior, knowledge, attitude, sanitation, elementary school

References : 27 (2006–2025)


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” Gambaran Pengetahuan, Sikap Siswa Tentang PHBS Dan Sarana Sanitasi Pada Sekolah Dasar Di Wilayah Kerja Puskesmas Paal V Kota Jambi Tahun 2025”

Xviii + 53 Halaman + 4 Tabel + 11 Lampiran

ABSTRAK

Penerapan Perilaku Hidup Bersih dan Sehat di sekolah dasar wilayah kerja Puskesmas Paal V Kota Jambi masih menghadapi kendala. Hasil pemantauan menunjukkan beberapa sekolah belum memenuhi kriteria PHBS, dengan temuan awal bahwa sebagian siswa memiliki pengetahuan rendah dan sikap yang kurang optimal terhadap penerapan Penerapan Perilaku Hidup Bersih dan Sehat, serta sarana sanitasi yang terbatas. Kondisi ini menegaskan adanya permasalahan dalam pengetahuan, sikap, dan fasilitas pendukung yang dapat memengaruhi penerapan PHBS pada siswa. Penelitian ini bertujuan untuk menggambarkan pengetahuan dan sikap siswa mengenai PHBS serta kondisi sarana sanitasi di sekolah dasar wilayah kerja Puskesmas Paal V, Kota Jambi.

Penelitian ini menggunakan desain deskriptif kuantitatif dengan sampel 80 siswa kelas IV dan V dari SDN 144/IV dan SD Qur'an An Najihah, yang diambil melalui teknik total sampling. Analisis data dilakukan secara univariat.

Hasil penelitian menunjukkan 49 siswa (61,3%) memiliki pengetahuan rendah dan 31 siswa (38,8%) memiliki pengetahuan tinggi. Sebanyak 46 siswa (57,5%) memiliki sikap buruk, sedangkan 34 siswa (42,5%) memiliki sikap baik terhadap PHBS. Evaluasi sarana sanitasi menunjukkan SD Qur'an An Najihah memenuhi syarat dengan skor 18 dari 20 (90%), sedangkan SDN 144/IV tidak memenuhi syarat dengan skor 10 dari 20 (50%).

Kesimpulan penelitian ini menunjukkan masih terdapat kendala pada pengetahuan, sikap, dan sarana sanitasi di sekolah dasar wilayah kerja Puskesmas Paal V. Peningkatan ketiga aspek tersebut diperlukan agar implementasi PHBS di sekolah dasar dapat berlangsung optimal dan berkelanjutan. Sekolah disarankan menyediakan sarana sanitasi yang memadai, seperti wastafel, sabun, tempat sampah terpilah, serta toilet bersih dan layak

Kata Kunci : PHBS, pengetahuan, sikap, sanitasi, sekolah dasar

Daftar Pustaka : 27 (2006-2025)